

My Offering

Join me on a journey where I empower both you and your organisation to not only navigate but thrive in an ever-changing environment by activating and harnessing your inherent resources. Here's how:

- Collaboratively crafting transformational strategies to unlock organisational thriving.
- Crafting and facilitating workshops, sprints, and training sessions with a focus on:
 - Leadership
 - Collaboration
 - Capability building
- Providing coaching for teams and individuals, optionally incorporating the Leadership Circle Profile (LCP)

My Professional Journey

Throughout my career, I've seized opportunities to forge new paths and steer change within organisations, teams, and individuals. With close to two decades of experience as an HR professional across diverse industries—Financial, FMCG, Pharma, and Medtech—I've supported and empowered senior leaders through transformative journeys across various continents. For a detailed overview, explore my <u>LinkedIn profile</u>.

Skills & experience

- Engaging and coaching with leaders and organisations in (agile) transformations
- Facilitating and supporting co-creation
- Designing and facilitating workshops, sprints and trainings (virtually & f2f)
- Providing new perspectives
- Fluent in German & English

Education & certification

- Coaching at <u>Hephaistos</u>
- Team Coaching (Hephaistos & FHNW)
- Bachelor in BA from University of Berne and Master in HR from SDA Bocconi/Cornell University
- Brain-Based Coaching
- Co-Active Coaching Fundamentals
- Scrum Master I
- ProSocial Facilitator
- LCP certified